**TINA KING**

[tlc@thelifeskillsmentoringacademy.com](mailto:tlc@thelifeskillsmentoringacademy.com)

***My professional career has been based around my desire to support people make significant positive changes to their lives. Due to this I have extensive experience of working with children, young people and adults in various different roles often handling challenging and sensitive situations. These lived experiences have enabled me to take a person centred, trauma informed approach to the way I work.***

**PROFESSIONAL** **EXPERIENCE**

**Therapeutic Life Coach -THE LIFE SKILLS MENTORING ACADEMY&TLCoaching**

Providing 1:1 therapeutic trauma informed support to children, young people and adults. Specialised group work.

***UKCPD Accredited and Qualified Life Coach,*** ***Group Work, Trauma, NLP Practitioner Diploma Cert, Safeguarding Trained, Accredited Trauma Informed Coaching, Therapeutic Parenting.***

**Freelance Minds PRACTITIONER/EDUCATION EXPERT, NuDGE EDUCATION -JUne 2023-Present**

Responsible for providing 1:1 person centred educational and mental health interventions for children and young people who are chronically disengaged from education.

***Trauma Informed Practice, Crisis Prevention, Foetal Alcohol Spectrum Disorder, First Aid, Safeguarding, Prevent,*** ***LGBTQIA+ Awareness***

**Team Manager, Brave Futures – MARCH 2021 – JUNE 2023**

Responsible for the recruitment, induction, training, welfare and development of practitioners, Safeguarding, Risk Assessing, Case Management and Supervision.

***Leading on Adult/Child Safeguarding, Signs of Safety,*** ***Solution Focused Therapy, Accredited Trauma Informed Care, Cognitive Behaviour Therapy Introduction, Music Therapy Introduction, Creative Approaches to Solution Focused Practice, Domestic Abuse, Your needs Met, Self-Harm, Female Gender Mutilation. Honour based Violence, Terrence Higgins Trust- C Card Training Under 16/Consent and Confidentiality, Aces - Resilience and Trauma Training, Child Sexual Exploitation, SEN/SEND, Peer on Peer Abuse and Bullying, Sexual Exploitation of Children and Young People with Learning Disabilities, Treating Intrusive Thoughts and the Inner Critical Voice, Promoting you Childs Self Esteem, Eating Disorders, E-Safety Training, Autism Awareness, DID -Understanding and Supporting someone with Dissociative Identity Disorder, First Aid, Conciliation and Arbitration Service training, Safer Recruitment, Boundaries Training, Managing Performance, Staff Appraisals, Communicating and Building Relationships, Engaging and Motivating Teams, Personal Effectiveness.***

**SENIOR SPECIALIST CHILD SEXUAL ABUSE PRACTITIONER, BRAVE FUTURES – SeptEMBER 2019 – MarcH 2021**

Assessing 4-21 years olds emotional, cognitive and mental health wellbeing, preparing and delivering person centred therapeutic sessions, preparing and delivering Teenage Group Work and Parents Group.

***Adult and Child Safeguarding, Solution Focused Therapy, Cognitive Behaviour Therapy Introduction, SEN/SEND, Peer on Peer Abuse and Bullying, Treating Intrusive Thoughts and the Inner Critical Voice, Promoting you Childs Self Esteem, Paediatric First Aid, Assessment Training.***

**Police Detective – NORFOLK CONSTABULARY - October 2005 - September 2019**

Gathering, preparing and presenting evidential material relating to serious and complex crime. Mentor and assessor of Trainee Detectives

***Professionalising Investigation Program (PIP Level 2), Specialist Suspect Interview Course (Tier3) Advanced Suspect Interviewing (Tier5), Vulnerable Person Investigative Interview (ABE), Specialist Child Abuse Investigators Development Programme (SCAIDP), Serious, Sexual Offences Trained Officer, Achieving Best Evidence Language, Harmful Sexual Behaviour, Forensic Questioning of Children (Triangle) Screen Training, Mentor/Assessor Training, First Aid, Safeguarding, Child Protection, Sexual Offenders.***

**Memberships with professional Bodies**

**Membership of The Association of Coaching (AC)**

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| **Member of the UK College of Professional Development (UKCPD)** |